



Lance E. Trexler, PhD, FACRM

Dr. Trexler began his career as a rehabilitation neuropsychologist, beginning in 1979, has included clinical, administrative, clinical research and teaching activities. His overriding commitments have been to a) provide neuropsychological rehabilitation services to people with acquired brain injury and their families, b) develop new brain injury rehabilitation programs and services and evaluate their impact and outcome, and c) provide professional training and promote evidence-based rehabilitation services for people with acquired brain injury.

With respect to the clinical services that Dr. Trexler has provided to people with brain injury, they have been provided in acute care as well as inpatient and outpatient rehabilitation settings. These services have included neuropsychological assessment as well as individual and group cognitive rehabilitation and psychotherapy. Family education and psychotherapy has also been integral to my clinical practice. Dr. Trexler had the good fortune to learn and refine assessment and treatment strategies from post-graduate collaborations with Drs. Hallgrim Kløve, Edith Kaplan, Leonard Diller, and Anne-Lise Christensen along the way. Dr. Trexler has also expanded services to people with brain injury in multiple venues. For example, when working as the Director of Neuropsychology at Community Hospitals Indianapolis (CHI) and at the Rehabilitation Hospital of Indiana (RHI), the neuropsychology team grew from one neuropsychologist to ten, and from one to seven neuropsychologists, respectively.

Addressing the unique treatment and rehabilitation services that people with acquired brain injury present has always been a priority to Dr. Trexler, and there have been two main initiatives over his career. The first initiative began when he was working in an inpatient rehabilitation facility in the early 1980's, when it became clear to him that people with traumatic and other acquired brain injuries had few brain injury specific resources after discharge. At the same time, Drs. Ben-Yishay and Prigatano were developing outpatient holistic neuropsychological programs. In response, Dr. Trexler developed the Center for Neuropsychological Rehabilitation (CNR) in collaboration with Community Hospitals Indianapolis in 1982 which grew from five to 50 staff up until 1993. During those years, CNR treated people mostly from Indiana and surrounding states, but also the United States and overseas. CNR was a day treatment program with an interdisciplinary team providing individual and group interventions, but also included a vocational re-entry program and residential services. The second initiative started in 2009 at the Rehabilitation Hospital of Indiana (RHI), where Dr. Trexler led the development and enhancement of a service referred to as Resource Facilitation. Through three large federal grants and several state grants, the RHI team demonstrated that the Resource Facilitation model significantly improved return to work and school, reduces level of disability, improves perceived need for services while at the same time decreases services used, and decreases recidivism for returning citizens with traumatic brain injury ranging from four months to ten years post-injury. Based on the strength of the evidence, the state of Indiana Vocational Rehabilitation determined that, as a matter of policy, they would fund Resource Facilitation services for people with acquired brain injury who have a goal of returning to work or school. In response, RHI now provides Resource Facilitation through approximately 30 staff located throughout Indiana for

approximately 250 people with brain injury at any one time. Dr. Trexler was designated as the Top Honoree of the Indiana Health Care Heroes, Advancements in Health Care Award in 2016 and the Indiana Senator Patricia Miller Award for Recognizing Exceptional Leadership and Advocacy for Hoosiers with Brain Injury in 2019 for his research, clinical program development and governmental advocacy for Resource Facilitation for people with acquired brain injury. Dr. Trexler and his team are now working again with the state of Indiana to provide Resource Facilitation as a service covered by Indiana Medicaid.

Professional training has always been a strong priority for Dr. Trexler, characterized by two over-arching initiatives. Beginning in 1981, Dr. Trexler developed what became an international conference, Models and Techniques of Cognitive Rehabilitation, as well as the first textbook with that same topic, which was based on the first conference. This conference grew over its five-year history from 80 to over 300 attendees each year. More recently, Dr. Trexler served as the Chair of the Brain Injury-Interdisciplinary Special Interest Group and as Co-Chair of the Cognitive Rehabilitation Task Force of the American Congress of Rehabilitation Medicine (ACRM). In that capacity, he determined the need to translate the abundant evidence of the effectiveness of cognitive rehabilitation into a clinically useful manual for professionals providing cognitive rehabilitation. Dr. Trexler assembled a team from ACRM and served as the Managing Editor of the ACRM Cognitive Rehabilitation Manual, which was based on the systematic reviews conducted by this task force and provides evidence-based cognitive rehabilitation strategies for clinicians. Over 6000 copies of the ACRM Cognitive Rehabilitation Manual have been sold. Dr. Trexler also led the task force development of a ACRM sponsored two-day workshop on the ACRM Cognitive Rehabilitation Manual for rehabilitation professionals, which has been provided throughout the United States, Canada, Qatar, and Scandinavia and attended by over 2000 professionals. Dr. Trexler was named a Fellow of ACRM in 2013 and a Distinguished Member of ACRM in 2010, and again in 2019. A second edition of the ACRM Cognitive Rehabilitation Manual and has been revised to serve as a textbook for pre- and post-graduate rehabilitation professionals and expanded from seven 12 chapters and will include an instructor and student website. While still primarily a clinician, Dr. Trexler has been an author on over forty peer-reviewed journal articles and book chapters and has given almost 150 professional presentations at either local, state, national or international venues.